

FABIAN ARNOLD

ACTOR · AUTHOR · INTERNATIONAL MODEL
LOS ANGELES / GERMANY



Fabian Arnold is an international actor, model, and author born in Germany and based in Los Angeles. After an international career in fashion, he transitioned into acting and is the author of ***Broken Boy***, a personal debut book exploring identity, vulnerability, and resilience.





Fabian Arnold is an international actor, model, and author born and raised in Cologne, Germany, and currently based in Los Angeles.

He began his career in high-fashion modeling, working internationally with leading brands before shifting his focus toward acting and character-driven storytelling.

Alongside his screen work, Arnold published his debut book ***Broken Boy*** (2025), an honest exploration of identity, vulnerability, and personal growth. The book reached **#1 in Amazon Hot Releases** in the categories of Mental Health and Celebrity Autobiographies.

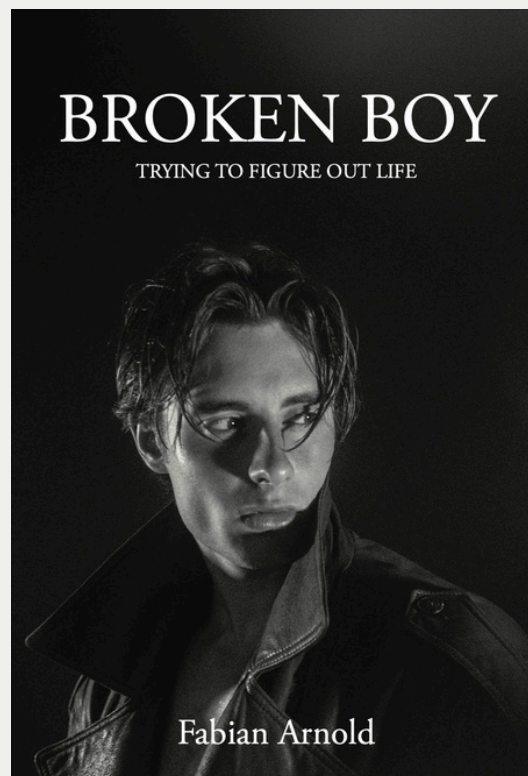
Across his work, Arnold's focus lies in balancing emotional depth with restraint, exploring themes of resilience, masculinity, and self-reflection.

After transitioning from fashion into acting, **Arnold** trained with American and German acting coaches and developed his craft through independent and feature film projects. He made his feature film debut in **Big Rage** and has since appeared in additional feature films alongside established industry figures including **Tara Reid, John Waters, and David Millbern.**

Arnold is represented by **Untitled Entertainment**, under the management of **Jason Weinberg.**

In **2025**, Arnold released his debut book ***Broken Boy***, a deeply personal reflection on identity, emotional resilience, and the process of self-discovery. Written with honesty and restraint, the book resonated with readers and gained recognition within the mental health and autobiographical categories.

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Lewis Magazine

Digital Journal

Voyage LA

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